

## The Mirror of the Soul

An old saying states “Before you look critically into another’s face, stand before God and let him look into yours!”

It is easy to look at others with disdain and rejection when they are fragile or in despair. Life is not always easy for any of us. Mistakes are made and when they surface we are forced to be at least self-analytical. That is so much easier than when our colleagues evaluate us.

“Judge not, lest you be judged,” It says in the scripture; and; “All have sinned and come short of the glory of God.” The message in these sayings is to “Be kind to all of those you deal with, for you know not the terrors behind their eyes.” And ... allegations are not necessarily factual or true. Anyone can accuse anyone else, at any time. For anything! The destroyers of this life seek only that. Inflicting pain and causing distress was not Christ’s way of serving others. If you look at others with the idea of inflicting them with distress or loss of esteem, you may exult in your ability to stir this pot. But as in physics, every action (bad or good) has an equal and opposite reaction. Wow! We’d better be careful how we treat others, huh?

If we believe science, we each broadcast certain vibrations or an aura. Those who are sensitive can subtly ascertain the aura we project. If you can “read” this information it could serve you well, or, it can be used maliciously to damage another.

Kindness and understanding of the curious envelope called a body should be our direction when we deal with others. That is what Christ’s examples teach us. It is well for us to let God judge and punish rather than we tender human beings who are limited in understanding and overall perceptions. For if we err, we tarnish the mirror of the soul ..... ours!

God loves ya, me too!  
Be safe out there.

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